



AIRBUS

Workbook for Sessions 1 & 2

ASPIRE 2025

Showing Up as an Impactful & Influential Leader



About Genos

We help professionals improve emotional intelligence to enhance their impact, influence, and resilience. Our programs use highly practical and scientifically proven methods, executed by facilitators who are both skilled teachers and experienced professionals.

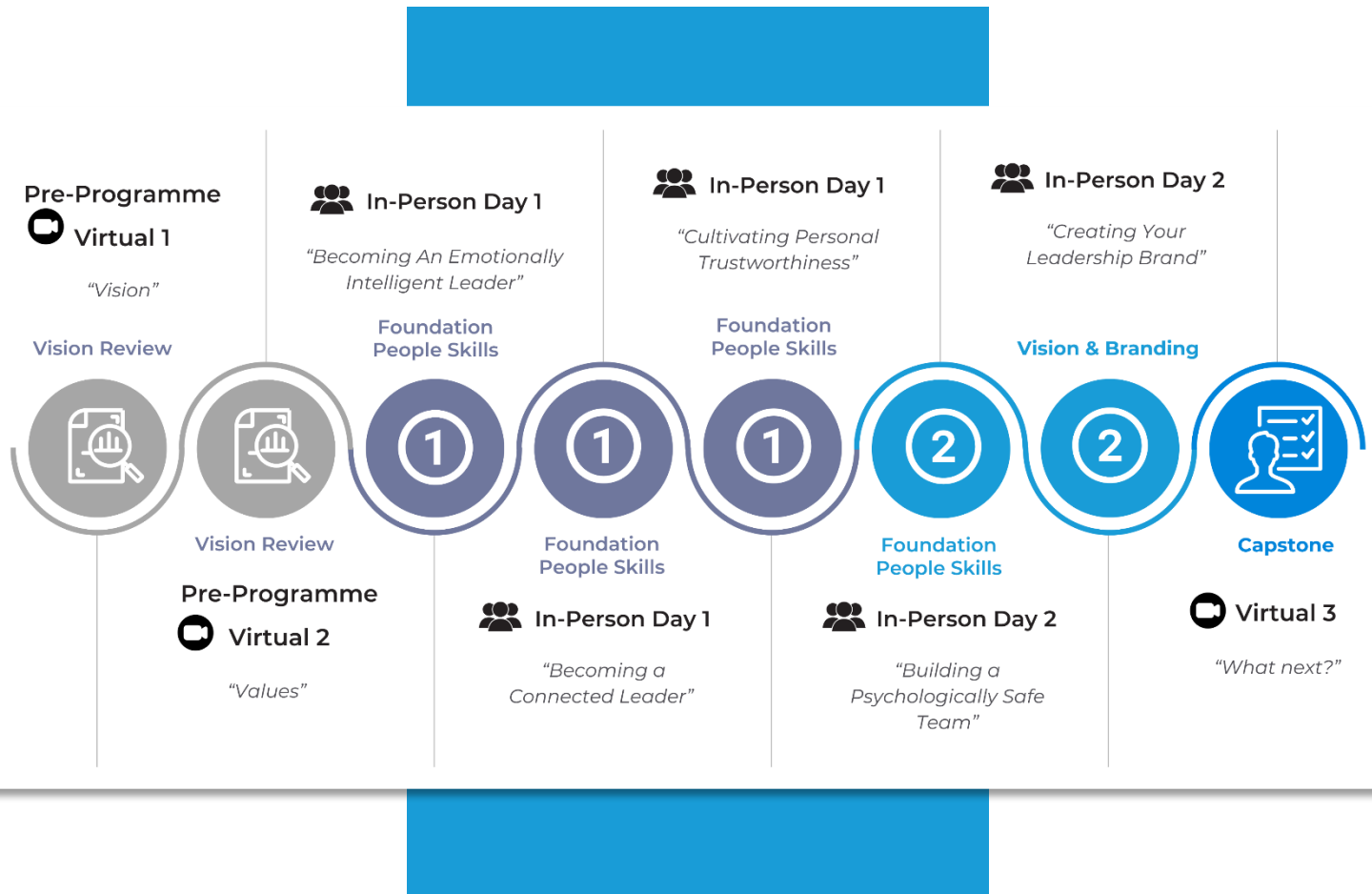
People who have been through our programs feel better at work, facilitate productive environments, and make others feel more valued, cared for and respected. Our vision is to enhance personal and interpersonal skills at work and in doing so, help organisations optimise their performance.

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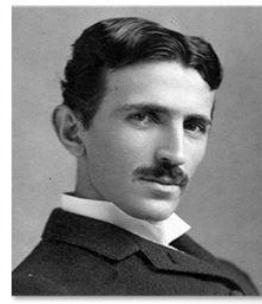
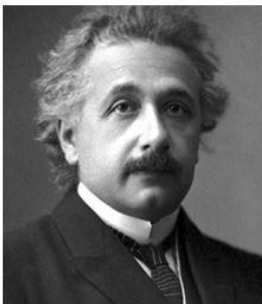
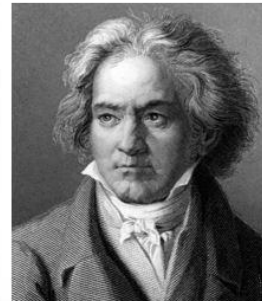
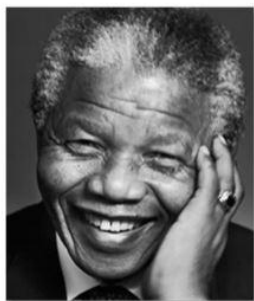
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Programme Overview



“Personal leadership is the process of keeping your vision and values before you and aligning your life to be congruent with them”

Stephen Covey







“It is...”
“I am...”



Notes

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