

JOIN CIARA ASPINALL FOR:



SPOTLIGHT SERIES

GENOS SPOTLIGHT ON AUTHENTIC LEADERSHIP

Learn to re-energise and re-vitalise exhausted teams with authentic leadership.



Work Me Vs Home Me

Work Me

Home Me



The Gap



- A gap that exists between who you are and who people think that you are
- The space between who you are and who you would like to be
- The difference between your real character and your perceived character

Core Values List

- **Authenticity**
- **Accountability**
- **Achievement**
- **Adventure**
- **Authority**
- **Autonomy**
- **Balance**
- **Beauty**
- **Boldness**
- **Compassion**
- **Challenge**
- **Citizenship**
- **Community**
- **Competency**
- **Collaboration**
- **Contribution**
- **Creativity**
- **Curiosity**
- **Determination**
- **Fairness**
- **Faith**
- **Fame**
- **Friendships**
- **Fun**
- **Growth**
- **Happiness**
- **Honesty**
- **Humor**
- **Influence**
- **Inner Harmony**
- **Justice**
- **Kindness**
- **Knowledge**
- **Leadership**
- **Learning**
- **Love**
- **Loyalty**
- **Meaningful Work**
- **Openness**
- **Optimism**
- **Patriotism**
- **Peace**
- **Pleasure**
- **Popularity**
- **Recognition**
- **Religion**
- **Reputation**
- **Resilience**
- **Respect**
- **Responsibility**
- **Security**
- **Self-Respect**
- **Service**
- **Spirituality**
- **Stability**
- **Success**
- **Status**
- **Trustworthiness**
- **Wisdom**




1. Which people and experiences in your early life had the greatest impact on you?
2. What tools do you use to become self-aware?
3. What are your most deeply held values?
4. What motivates you?
5. What kind of support team do you have?
6. Is your life integrated?
7. How are you giving back to the community?
8. What does being authentic mean in your life?
9. What are you going to learn next?
10. What steps can you take today, tomorrow and over the next year to develop your authentic leadership?



Top tips for becoming an authentic leader

1. Develop self-awareness
2. Think about your life stories and how you could use them to motivate and inspire
3. Identify and live by your values
4. Consider why anyone should be led by you?
5. Identify your passion
6. Increase your awareness of others and empathy
7. Build your support team – have a mentor
8. Improve your self-management
9. Give back to the community
10. Learn

1. Finish the work/home me exercise
2. Consider and acknowledge any gaps and take steps to close the gaps
3. Consider and answer the 10 questions from slide 40
4. Remember the Top Tips
5. Recommended reading – Why Should Anyone Be Led By You, Leaders Eat Last, True North



WHAT'S
NEXT?