

PRESSURE RESPONSE STYLES



The Lighthouse

Sees ahead.
Guides others.

YOUR SHADOW:

Clarity → Control



WHEN PRESSURE RISES, YOU TEND TO...

Step back and scan the bigger picture. You bring perspective when things feel chaotic. You think ahead, anticipate what's coming, and help others see the path forward. You stay calm, make clear decisions and provide steady direction.



WHAT THIS GIVES YOUR TEAM

Clarity, direction and confidence. You cut through the noise and help the team focus on what matters most. You inspire trust and keep everyone aligned. Your vision and calm leadership help the team move forward with purpose.



THE RISK WHEN THIS STYLE DOMINATES

You can become too detached or future-focused, losing touch with the present. You may overlook details or the emotional impact on others. The team can become over-reliant on your direction and struggle to take initiative without you.



YOUR BLIND SPOT

You may not see how your need for certainty can be experienced as control. You believe you're providing clarity, but others may feel you leave little room for their input or ideas. You struggle to delegate the vision.



WHAT SHIFTS WHEN YOU'RE AT YOUR BEST

You combine vision with connection. You empower others while keeping the team aligned. You inspire action with clarity and trust. You create a shared sense of purpose and the confidence to navigate the future together.